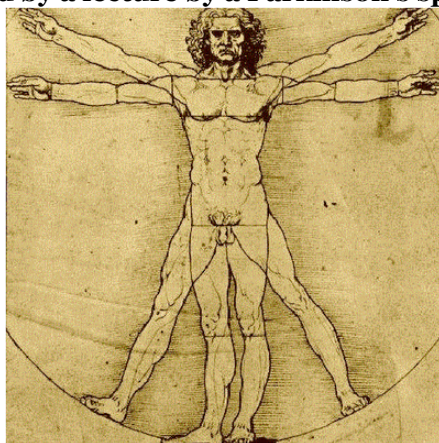


EXERCISING THE BODY **AND THE MIND**

Partners Parkinson Center Yoga and Speaker Series

All are welcome to join us for a series of one hour, instructor-led yoga class specifically designed for persons with Parkinson's disease, followed by a lecture by a Parkinson's specialist.



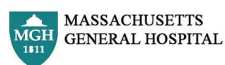
September 2011 through June 2012

**Massachusetts General Hospital
Charlestown Navy Yard
16th Street, Building 114 Conference Room D
Charlestown, MA 02129
Shuttle bus service available from MGH main
campus**

1 PM to 3 PM

For more information,
please call 617-724-9234 or
e-mail parkinsons@partners.org

*Program supported by the National Parkinson Foundation
and the MGH NPF Center of Excellence*



Events Schedule:

Yoga: 1pm Lecture: 2pm

*Classes are led by Renee
Leverrier, RYT, certified yoga
instructor and author of the book
"Yoga and Movement Disorders"*

SESSION 1. Wednesday, September 14th 2011
Parkinson Disease Research Updates
Dr. Nichte Mejia

SESSION 2. Wednesday, November 9th 2011
**Deep Brain Stimulation: What it Can and Cannot
Do - Lisa M Townsend, NP**

SESSION 3: Wednesday, December 14th 2011

Alina Carter, ST

SESSION 4. Wednesday, January 11th 2012

Dr. Ronald Hirschberg

SESSION 5. Wednesday, February 8th 2012

Dr. Alice Flaherty

SESSION 6. Wednesday, March 14th 2012
**Dealing With Non-Motor Symptoms in
Parkinson's Disease – Dr. Albert Hung**

SESSION 7. Wednesday, April 11th 2012
**Occupational Therapy: Helping You to Stay
Independent While Living with Parkinson's
Disease - Julie MacLean, OT**

SESSION 8. Wednesday, May 9th 2012

Janet Callahan, PT

SESSION 9. Wednesday, June 13th 2012
**How Parkinson's Medication Work, and How
They Can Work Better - Dr. Michael
Schwarzschild**

