
Yoga for Parkinson's Teacher Training

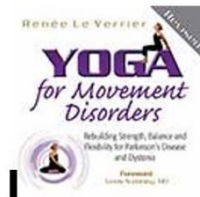


This program is sponsored by the Northwest Parkinson's Foundation



- **Gain an Understanding**
of the symptoms, treatment and management of the disease to better understand the students behind those symptoms
- **Discover Specialized Approaches**
to asana and pranayama designed especially for people with movement disorders
- **Acquire Methods**
for modifying and adapting to a variety of levels
- **Practice Hands-on sequences**
with a yogi with Parkinson's & with fellow teachers
- **Expand**
your abilities (and your client list) to benefit students with movement disorders

When: 4/29 – 4/30, 2017
10 am – 4pm



Where: Skyline
725 9th Ave, Seattle, WA

\$195 Includes workshop, book, lunch & refreshments **To register:**

<https://www.eventbrite.com/e/yoga-teacher-training-for-parkinsons-other-movement-disorders-tickets-28490837863>

Presenters:



Renee Le Verrier, RYT, is the author of *Yoga for Movement Disorders* (winner of the Eric Hoffer Health book award). She has taught and presented throughout the U.S. & Canada, including Massachusetts General Hospital, the World Parkinson Congress and the American Parkinson Disease Association. A stroke survivor and person living with Parkinson's, Renee is the founder of LIM Yoga Her yoga blog has been named Best of the Web by Healthline.

Peter Lynch, E-RYT, began practicing yoga in 2000 and has E-RYT 200 hour certifications from Samadhi Yoga and Seattle Yoga Arts. He has taught people with Parkinson's since 2010 under the initial tutelage of Tim Seiwerath.



Melissa Tribelhorn is the Deputy Director of the Northwest Parkinson's Foundation, the mission of which is to establish optimal quality of life for the Northwest Parkinson's community through awareness, education, advocacy and care

To register:

<https://www.eventbrite.com/e/yoga-teacher-training-for-parkinsons-other-movement-disorders-tickets-28490837863>.